



Women's Heart Health Grant Program

2026 Grant Guidelines and Application Information



Investing in Better Heart Health for Women

The Alpha Phi Foundation Canada Women's Heart Health Grant Program supports innovative research and community initiatives that improve the prevention, diagnosis, treatment, education, and awareness of cardiovascular disease affecting women across Canada.

Through this program, the Foundation seeks to advance projects that generate meaningful impact through scientific discovery, evidence-based practice, and community engagement.

Two funding streams are available to support both clinical research and community-based initiatives.

Funding Opportunities

Clinical Research Grant

The Clinical Research Grant supports traditional scientific and clinical research that advances the understanding, prevention, diagnosis, or treatment of women's cardiovascular health.

Projects may be carried out by hospitals, universities/schools, or other organizations operating research programs.

Eligible projects may include:

- Basic (bench) research
- Pre-clinical research
- Translational research
- Clinical research

Funding Available: Up to \$15,000*

Typical grant range: \$5,000-\$15,000

Eligible Applicants:

- Hospitals
- Universities and or post-secondary institutions
- Institutional or organizational research programs

Funding Opportunities

Community Impact Grant

The Community Impact Grant supports projects focused on improving women's heart health through education, outreach, prevention, and community programming

Eligible initiatives may include:

- Community education
- Health promotion
- Public awareness campaigns
- Prevention initiatives
- Community engagement programming

Funding Available: Up to \$10,000*

Typical grant range: \$5,000-\$10,000

Eligible Applicants:

- Hospitals
- Universities and or post-secondary institutions

Eligibility Requirements

Funding Notice

**Grant amounts are intended as funding guidelines only. Final award amounts are subject to the availability of Foundation funds, the quality and number of eligible applications received, and the approval of the Alpha Phi Foundation Canada Board of Directors. The Foundation reserves the right to adjust funding levels, award partial funding, make no award within a funding stream, or amend the grant program at its sole discretion.*

Eligibility Requirements:

To be eligible for funding, applicants must:

- Be an eligible organization under the applicable funding stream.
- Be a qualified donee under the *Income Tax Act (Canada)* with a valid charitable registration number or other recognized qualified donee status.
- Propose a project that directly advances women's heart health through research, clinical care, education, prevention, or community programming.

Application Requirements

Applicants are asked to submit a comprehensive grant proposal that clearly explains the project or program, its relevance to women's heart health, the activities that will be undertaken, and the anticipated outcomes.

Proposals should be sufficiently detailed to allow reviewers to understand the need for the project, the proposed approach, the qualifications of the participating team, the resources required, and how the project's success will be measured.

Proposals should include the following sections (see the following page for details on each section):

1. Description of the Issue or Problem
2. Project Goals and Objectives and Activities
3. Work Plan and Timetable
4. Evaluation Plan
5. Deliverables
6. Dissemination Plan
7. Qualifications of the Applicant and all Relevant Staff
8. Budget and Budget Narrative and Additional Funding Sources

Application Details

1. Description of the Issue or Problem

Applicants should explain:

- The nature and scope of the issue
- Why the issue is significant to women's heart health
- The population, community, or group that will be affected
- Relevant research, evidence, or information supporting the need for the project
- The gap, challenge, or opportunity the project is intended to address

The proposal should clearly establish why the project is needed and its relevance to women's heart health.

2. Project Goals, Objectives and Activities

Clearly identify what the project is intended to accomplish and how the proposed activities will achieve those goals.

Applicants should provide:

- An overall project goal
- Specific project objectives and intended outcomes
- A description of the activities or interventions that will take place
- How the activities will address the identified issue or need
- Who will be involved in delivering the activities
- Who will participate in or benefit from the project
- The anticipated scope and reach of the project

For research proposals, applicants should describe the proposed research activities and methodology. For community proposals, applicants should describe the proposed education, engagement, outreach, or programming activities.

3. Work Plan and Timetable

Provide a clear work plan outlining how the project will be implemented.

The work plan should include:

- Major project activities
- A timetable for activities
- Expected start and completion dates
- Staff or personnel responsible for each activity

Applicants should demonstrate that the proposed timeline is realistic and achievable within the scope of the project.

Application Details

4. Evaluation Plan

Describe how the success and impact of the project will be evaluated.

The evaluation plan should explain:

- What will be measured
- How progress will be monitored
- Indicators that will be used to assess success
- How data or other information will be collected, where applicable
- How results will demonstrate progress toward the project's goals and objectives

Applicants should identify the outcomes they expect to achieve and how they will determine whether those outcomes have been met.

5. Deliverables

Provide a clear list of the project's anticipated deliverables or outputs.

Deliverables may include, where applicable:

- Research findings
- Reports
- Publications
- Educational materials
- Community programs
- Workshops or educational sessions
- Resources or tools
- Presentations
- Other tangible project outputs

6. Dissemination Plan

Explain how the project's findings, outcomes, resources, or learnings will be shared with relevant audiences.

Applicants should identify:

- Who will receive or benefit from the project's findings or resources
- How and when information will be shared
- Planned publications, presentations, educational activities, community outreach, or other methods of dissemination

The dissemination plan should demonstrate how the project's impact may extend beyond its immediate activities.

Application Details

7. Qualifications of the Applicant and Proposed Staff

Provide information demonstrating the applicant's capacity to successfully undertake the proposed project.

Applicants should describe:

- The organization's relevant experience
- Experience related to women's heart health, where applicable
- Relevant expertise of the project team
- Roles and responsibilities of key personnel
- Qualifications of the Principal Investigator(s) or Project Director(s)
- Relevant partnerships or collaborators

The application should demonstrate that the proposed team has the appropriate expertise and capacity to complete the project successfully.

A biography, résumé, or CV for the Principal Investigator(s) or Project Director(s) must be included as a required attachment.

8. Budget and Additional Funding Sources

Provide a detailed project budget and explain how funding will support the proposed activities.

Applicants should include:

- Major expenses required to undertake the project
- How each major expense supports the proposed activities
- The amount of funding requested from Alpha Phi Foundation Canada
- Any other relevant financial considerations
- Funding that has already been secured or committed
- Funding applications that are currently pending
- Other funding sources being sought

Where applicable, explain how the Alpha Phi Foundation Canada grant would complement other sources of funding and contribute to the overall project.

Application Attachments

Official Letter of Transmittal

An official letter signed by the **President or Chief Executive Officer** of the applicant institution or organization endorsing the grant proposal.

The letter must include the organization's:

- Charitable registration number; and/or
- Type of qualified donee status

Principal Investigator(s) or Project Director(s) CV

A biography, résumé, or curriculum vitae for the project's:

- Principal Investigator(s); or
- Project Director(s)

How Are Grant Recipients Selected?

All eligible applications are reviewed by a team of qualified reviewers. Applications are evaluated and assigned scores by the reviewers. Based on the highest average scores, applications are advanced to the Foundation's Board of Directors for consideration.

The Alpha Phi Foundation Canada Board of Directors makes the final grant recipient selection by majority vote.

Disclaimer: Meeting the eligibility requirements does not guarantee that an application will receive funding. Funding decisions are based on the Foundation's review and selection process, the applications received, and the availability of funds. The Foundation reserves the right to determine the number and amount of grants awarded in each funding stream.

2026 Grant Timeline

Applications Open: August 15, 2026

Applications Due: November 15, 2026 by 11:59 p.m. EST

Applicants Notified of Decision: December 2026

Submission Instructions

Completed applications and all required attachments must be submitted electronically by email.

Submit Applications To: info@alphaphifoundation.ca

Applicants are responsible for ensuring that their complete application and all required attachments are received by the deadline.

Questions? Please contact info@alphaphifoundation.ca